

Information

Tuck Shop Schedule

The Tuck Shop is open for business **Monday through Friday from 1:30pm-2:30pm** inside the **Front Office**. Please be advised that this time is subject to change.

Exercise Equipment

Exercise Equipment is available for use/sign out in the **Lifestyle Office**. Please see Amber if you are interested in taking advantage of the equipment.

Trust Accounts

Trust Accounts are out of **Theresa's Office** on the 1st floor. Hours are **Tuesdays from 10:00am to 12:00pm** and **Thursdays from 1:30pm to 2:30pm**.

"Hair by the Bay" Salon Hours

Tuesdays 2:00pm until last appointment
Wednesdays 9:30am to 5:30pm
Thursdays 1:00pm until last appointment
Saturdays 9:00 to 1:00pm (by appointment only)

Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings, services and special activities to sign up for!

Barrie Public Library Books

Large Print Barrie Public Library Books and DVD's are always available in the **Lifestyle Office**. Please ensure to sign out any items borrowed.

Visitors

We kindly ask **ALL** Visitors to **sign in** at the front desk upon arrival and **sign out** when leaving. Don't forget to sanitize your hands! Thank you!

Simcoe Terrace Library

Please feel free to enjoy the extensive collection of books in our North Lounge Library. All books are filed by Author and maintained by Resident Council.

Management Staff Listing

Michael Ayers, General Manager - michael@simcoeterrace.com

Theresa Stackhouse, Office Manager - theresa@simcoeterrace.com

Monica Mosher, RPN, Director of Wellness - monica@simcoeterrace.com

Joanne Heise, Food and Beverage Manager - joanne@simcoeterrace.com

Amber Head, Lifestyle Consultant - amber@simcoeterrace.com



Simcoe Terrace
Retirement Residence

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Simcoe Terrace Retirement Residence

March 2018 Issue



The Terrace Tribune

Spring is in the Air!

Message from the GM

Sure feels like spring as I write this at the end of February. Maybe March will prove me wrong! Exciting news as our new Food and Beverage Manager Joanne is settling in. Joanne says her door is always open and invites you to talk to her about any dietary concerns or suggestions. Nice to have you aboard, Joanne!

Thank you to Residents and Family for your understanding and cooperation during the recent influenza outbreak. Also thanks to the Staff who worked so hard to keep us all safe, fed and healthy.

Big things are in store for the Lifestyle Department as Amber and Eryn work together to provide some amazing programs. Watch for the announcements!

Also, thank you to everyone for your patience while we integrate a third sitting into our dining room routine!

Michael Ayers,
General Manager

Athletes of the Month

Carpet Bowling

Gloria M. with a high score of 47!

Bean Bag Toss

Falk S. with a high score of 280!

Ladder Ball

Team Red! (Gloria, Ben, Iona, Dorothy and Margaret!)

Shuffleboard:

Table #1: Barb R. 1801 Table #2: Evelyn F. 1498

Meetings Schedule

General Meeting with The Managers

(Mon. March 26th at 10:30am in the Activity Room)

Programs Chat with Amber and Eryn

(Fri. March 2nd at 9:45am in the Sun Room)

Menu Chat with Joanne

(Thur. March 8th at 2:00pm in the Dining Room)

Hope to see you all out! Hearing from you makes helps us serve you better!

Resident Council

Council Members of 2018

Margaret Milne—Secretary/Library Committee

Judi Cadman & Barbara Lane—Treasury/
Fundraising

Falk Stethin—Recreation Committee

Dorothy Hilliard—Welcoming Committee

Bank Balance as of March 1st 2018:

\$900.00 (Bank)

\$500 (In House)

\$1400 (Total)

Thank you for your continued support!

Welcome to ST!

Carol Ross

David Letourneau

John “T-K” Kennedy

Douglas Olsen

Beth Lawrence

All welcome to join our “Meet N” Greet” Social!

Next Date: Friday, March 23rd at 1:30pm in the Activity Room

Highlights of the Month

March 1st to 12th—THE SIMCOE TERRACE OLYMPIC GAMES! Compete at our daily challenges in your quest for gold! Trophies and recognition to be held March 12th at the closing ceremonies! Good Luck!

Spring is Sprung! Don’t forget to spring clocks **FORWARD** one hour before bed on Saturday, March 10th!

St. Patrick’s Celebrations (March 15th & 16th)— Everybody get **GREEN!** We start the fun with an Irish Ales Taste Test followed by a relaxing journey to Ireland without leaving the comfort of your chair! Irish Dancers are here to keep you hoppin’ and our St. Paddy’s Day Party will be sure to get you poppin’!

Lunch Club—Sign up for your spot! We will be ordering in KFC on Monday, March 5th for lunch!

Cost is only \$11.75 per person to cover your meal.

(choice of two meals, 4 piece chicken or big crunch sandwich box meals) Limit of 20 people to sign up!

OLG Slots at Georgian Downs Trip—We will be leaving by bus for the downs after lunch on the 27th. Someone could win big at the slots...maybe YOU!? Sign up at the Front Desk! **Transportation is free**

Free Walker Cleaning and Repair Clinic, Tues. March 20th (AM)—Superior Home Health will be here to freshen up those walkers for spring! Be sure to stop by for you complimentary shine!

Easter Festivities— Ever wonder how the legend of the Easter Bunny came about? Wonder no more! The Evolution of the Easter Bunny program is coming your way on the 28th! How about a super fun (and delicious) Cadbury chocolate sampling and egg decorating activity to get you in the spirit on the 29th? Hope to see you there! *(Sign up required)*

Adventures in Art, Friday, March 9th—Join the fun and learn how to paint a beautiful sunset seascape in acrylic! Step by step instruction so even the novice artist will succeed...guaranteed! *(Sign up required)*

Toothpicks Dental—Toothpicks Mobile Dental Service will be here on March 7th. Want to become a patient or learn more about the service? See Amber and get “filled in!”

Spring Gardening, Tuesday March 20th—“We’re so excited for Spring, we wet our plants!” On the First Day of Spring, come extend your green thumb! Kicking off the season right! *(Sign up required)*

Income Tax Clinics, March 5th & 9th—Sign up for your appointment slot in the leisure binder!

We welcome T-Services Bookkeeping to help you get through those pesky taxes and file em’ on the spot! *(Cost: \$25 per return)*

Ladies Only Club—March 2nd—Wine, Cheese and Fortunes Please! What does the future hold for you?

Gents’ Only Club—March 16th—Beer & Billiards Competition...let’s see what you got!

Scam and Fraud Prevention—March 7th—Welcome Officer Julie Reynolds from the Barrie Police! (NL)

Coming up in April!

Volunteer Appreciation, Earth Month Programming, Parkinson’s Awareness and more!